



THE AUSTRALIAN DRIVING INSTITUTE

MOTORSPORT

A C A D E M Y

**MOTORSPORT ACADEMY
PROGRAM OVERVIEW**

NOVEMBER 2022



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MOTORSPORT ESSENTIALS

GAIN ALL THE ESSENTIALS FOR SUCCESS



Course Description: The Motorsport Foundation Training program should be your first step into the exciting world of Motorsport. This full day program is conducted on public roads and is designed to set you up for repeatable foundations that are imperative in rallying and /or racing. Once you have mastered these foundations, you will then have the ability to apply these skills at high speeds in the Motorsport Advanced Tuition Track Day program Your instructor for the day, will empower you to achieve a solid set of foundation skills required for 'high end' driving. These skills include setting optimal seating and steering positions, ideal strategies for cornering, stability, vision and planning. Rallying and racing are high-risk sports that require a high level of focus and concentration, combined with the skills, knowledge and attitude for success. By the end of the day, you are amalgamating all the skills, planning and thought processes required for this demanding ,yet satisfying sport. In addition, we cover off driving a rally car on public roads in a sound manner that won't attract unwanted attention. The Motorsport Essentials program is a fantastic day full of learning and fun and is ideal for any motorist enthusiast.

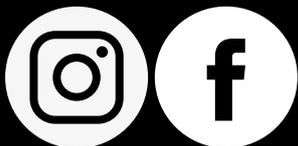
Course Content:	Cabin Drill	Roadcraft	Dynamic Driving
	<ul style="list-style-type: none">• preparation to drive• seat position• mirror settings	<ul style="list-style-type: none">• steering accuracy and positioning• braking• reactions• vision• anticipation of vehicles and hazards	<ul style="list-style-type: none">• cornering• overtaking• gear changes• emergency braking

Duration: One full day (8.30am – 4.30pm)

Investment: \$800 + GST per session

Information:

- One road worthy vehicle is required for training
- Probationary or Full Driver Licence
- Strictly no Learners
- Must be able to drive a vehicle in accordance with the conditions of holding an Australian drivers' licence



To arrange a booking please contact:
www.austdrive.com | 08 8322 8555 | clientmgr@austdrive.com | 7 Benjamin Street, St Marys SA 5042

MOTORSPORT EXCEL-ERATE

EXCEL-ERATE YOUR SKILLS



Course Description: This is the business end of high speed driving. Once you have refined the skills at slow speeds, you must now apply these skills at high speed on a race track. You will be completing fast laps during this training whilst we also work on other techniques. The day starts with a revision of the foundations set in the Motorsport Essentials Program; seating, steering, gears, balance and braking. The program then increases in difficulty as you improve, slowly adding more to your skill set. Some of these skills are quite technical, however once you understand balance, safe limits and your car control is good, we move into correction techniques.

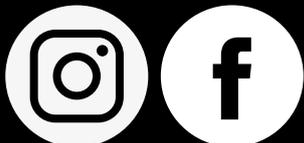
The Motorsport Excel-erate program is a thrilling day with plenty of learning and time to practice your new skills.

- Course Content:**
- Adapting the seat and steering to higher speeds
 - High speed vision/planning
 - Gear changing: Auto, Manual, DSG
 - Gear changing: Heel/Toe techniques
 - Corner entries, car rotation, exit
 - Car control: Understeer, Oversteer
 - Understanding driver assist technology when racing
 - Introductory advice on car preparation, set ups, tyres and brakes

Duration: One full day (9.00am – 4.00pm)

Investment: \$800+ Full training
\$350 + Shakedown only

- Requirements:**
- Suitable vehicle for training day
 - Successful completion of the Motorsport Foundation Training Program
 - Own safety kit is preferable
 - Helmet and attire must be to the neck, wrists, ankles and inflammable
 - Must be able to drive a manual vehicle (for CAMS licence)
 - Probationary or Full Driver Licence is preferable
 - Strictly no Learners



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BEYOND THE LIMITS

ENHANCE YOUR CAR CONTROL SKILLS



Course Description:

This program provides you an opportunity to enhance your car control skills and chances of safely recovering when something doesn't go to plan. This unique program provides you with direct coaching from a professional motorsport instructor whilst developing and practicing new skills. This 1/2 day practical program assists with visual, steering, gear changing and mechanical empathy skills that will ensure you are far more prepped for tarmac rallying.

Course Content:

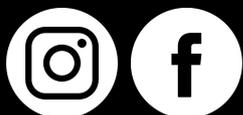
- Control slides on the throttle
- Counter steer
- Improved visual skills
- Gear changing and sliding
- Recover a slide
- Professional guidance
- Recovery techniques
- Mechanical empathy

Duration: One half day. Two sessions available.
8.00am - 12.00pm or 12.30pm - 4.30pm

Investment: \$550 + GST per session

Information:

- Suitable vehicle is required for training day
- Successful completion of the Motorsport Essentials Training Program is an advantage
- Probationary or Full Driver Licence is preferable
- Strictly no Learners



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MOTORSPORT NAVIGATING AND DYNAMICS

MOTORSPORT: MORE THAN JUST DRIVING



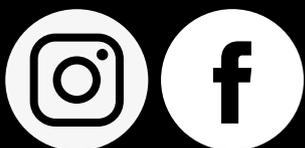
Course Description: This course is intended to provide people intending to compete in a rally for the first time, with knowledge of basic requirements of a Co driver. The covers the areas required to enter events, how to undertake the control processes, crew and Vehicle preparation, and the basic skills on how to read and call pace notes (Tarmac or Gravel). The purpose is to enable you to minimise unnecessary distractions and anxiety during the event and to concentrate on competing safely.

- Course Content:**
- Role of a co-driver
 - Pre event Preparation
 - Rules and Regulations
 - Documentations and Scrutineering
 - Apparel
 - Reconnaissance
 - "During the Event"
 - Vehicle Preparation
 - Calling Pace Notes

Duration: One full day (8.00am – 4.00pm)

Investment: \$800 + GST per session

- Information:**
- Suitable vehicle for training day
 - Successful completion of the Motorsport Essentials Training Program is an advantage
 - Probationary or Full Driver Licence is preferable
 - Strictly no Learners



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MOTORSPORT FOOTAGE CONSULTATION

PROFESSIONAL COACHING AND MENTORING



Course Description: Looking to develop your skills further but not quite sure where you can improve? Engage one of our professional motorsport instructors to provide you with customised strategies to develop your own driving skills. During the 2 hour session you will have an opportunity to seek our your own feedback whilst a professional reviews your driving behaviours through the review of your in car footage.

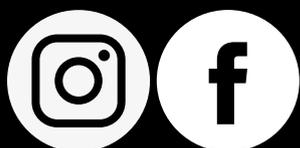
Session Includes:

- Provide examples of your in car footage and receive bespoke coaching regarding your real life driving examples
- 2 hour exclusive session with a Motorsport Instructor
- Opportunity to seek feedback and ask for advice from a professional
- Custom strategies to take away from the session to apply in your next event.
- Includes brief summary report outlining feedback and suggested strategies.
- Up to 2 participants can attend session e.g. Driver and Navigator
- Sessions can be held virtually over Zoom/Microsoft Teams or face to face in applicable locations.

Duration: 2 Hours **Investment:** \$250 + GST per session

Information:

- Copies of in car footage required to be provided to Motorsport Academy
- Sessions available Monday - Friday
- Further custom coaching and mentoring can be provided after completion of 2 hour session if identified and required. Recommendations for specific training programs may be included as apart of the strategy.



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