

Have you been in a motor vehicle accident and it is affecting / preventing you from driving?

**“Helping You Get Back  
Behind the Wheel.  
Calm, Confident, Ready.”**



The Australian Driving Institute helps people rebuild confidence behind the wheel by providing supportive, personalised, and highly practical training designed for drivers who may feel anxious or unsure after time away from driving or following an incident. With experienced instructors who understand both the technical and emotional sides of driving, ADI focuses on calm, confidence-building coaching that strengthens hazard awareness, improves vehicle control, and reintroduces drivers to real-world conditions at a pace that feels safe and empowering. Our approach emphasises reassurance, skill development, and positive experiences, helping drivers regain trust in themselves and feel comfortable, capable, and in control on the road again.

## Remedial Road Safety Program

### Increase confidence

After an accident, it's common to feel unsure about your own driving ability. A defensive driving course teaches how accidents happen, what factors contribute to them, and how to avoid similar situations in the future.

This shifts your mindset from fear to knowledge, which is empowering.

An accident often creates anxiety triggers sudden braking, intersections, or certain roads.

Our Road Safety Program focusses on

- Hazard perception
- Situational awareness
- Managing unexpected events

Practicing these skills helps replace panic with calm, predictable responses.

### Specialist Consultation

Work with a professional instructor who can customise the training to the specific areas you would like to focus on

### Emotional Recovery

It Supports Emotional Recovery, Not Just Driving Skills

A good defensive driving program acknowledges the emotional side of being in a motor vehicle accident.

- Feeling shaken is normal.
- Feeling nervous is normal.

The program helps you work through those feelings rather than push them aside, which is vital for long-term confidence.

**Call us for a private chat about our Remedial Road Safety Programs 08 8322 8555**

# "Driving you forward with confidence"



## Remedial Road Safety Program

Content is customised to each individuals personal needs but core framework can include:

### Vehicle and Driving Preparation

- Vehicle Checks, Seating, steering, and mirror set up
- Attitude and driver readiness – mindset and confidence

### Roadcraft

- Braking and principles, early, linear, threshold and split surface
- Line and cornering principles, approach, entry, apex, and exit
- Travelling distances, safety buffers, driving to conditions, speed limits low ground clearance, high centre of gravity
- Rural Driving and Wildlife, Adverse conditions
- FAQ Road Law and Hierarchy of giving way

### Overtaking

- Correct positioning, forward observations & hazards
- Planning for long load, oversize and road trains and discussion of legality of manoeuvres
- Positive overtaking procedures & repositioning

### Slow Speed Manoeuvring

- Parking, reversing, driving around carparks and depots

### Additional Content can include

- Journey planning, fatigue management, mobile phone, Alcohol and Drugs, Technology in Vehicles

### Unsealed surfaces - Optional

- Correct gear selection, area of best grip, surface changes
- Suitable speeds for cruising, cornering, and intersections
- Safe positioning, threshold, and emergency braking

### Driver Requirement:

P Plate or Full Licence  
Must be able to drive a vehicle in accordance with the conditions of holding an Australian drivers' licence.

### Vehicle:

You can use your own vehicle OR a vehicle can be provided for this session at an additional fee of \$275 + GST.

### Investment:

\$850 + GST for full day  
\$550 + GST for ½ day

A support person is welcome to attend also or be a second participant.