





Program Description:

This self paced program is designed to increase your knowledge and awareness of worlds best practice driving techniques that are required to operate a vehicle for work. The intention is to raise the standard of driving, regardless of the driver's current skill and ability. This program can be used at the Induction phase of employment or as a refresher opportunity. We recommend this program be delivered in conjunction with a practical program to further develop their practical driving skills.

Duration:

- Self Paced Approx. 3 Hours.
- Duration may vary from person to person and the proposed time should be used as an approximate only.

Investment:

\$159 per person + GST

Group Discount applies for when enrolments reach 100 enrolments. Discount of \$50 per person applicable (\$109 + GST)







Content:

- Definition of defensive driving
- Important facts and decision making process
- Vehicle and self preparation the first step
- Seating; the bio mechanics, how and why
- Mirrors; how to maximise rearward vision
- Steering; methods and hands
- Prevention strategies that minimise risk
- Safety tips
- Hazard prevention
- Braking; every day rules to follow and emergencies
- Parking; including slow speed maneuvering
- Night driving
- Regional driving
- Fatigue; symptoms and avoidance
- Drink or drug driving and the law
- Health and Sickness Vehicle Hygiene
- Wet weather
- Anti-lock brakes
- Vehicle safety technology
- Intersections
- Overtaking

Assessment:

Minimum requirement of achieving 80% pass mark to successfully complete program





